

“Fostering Trauma”

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May 1, 2007

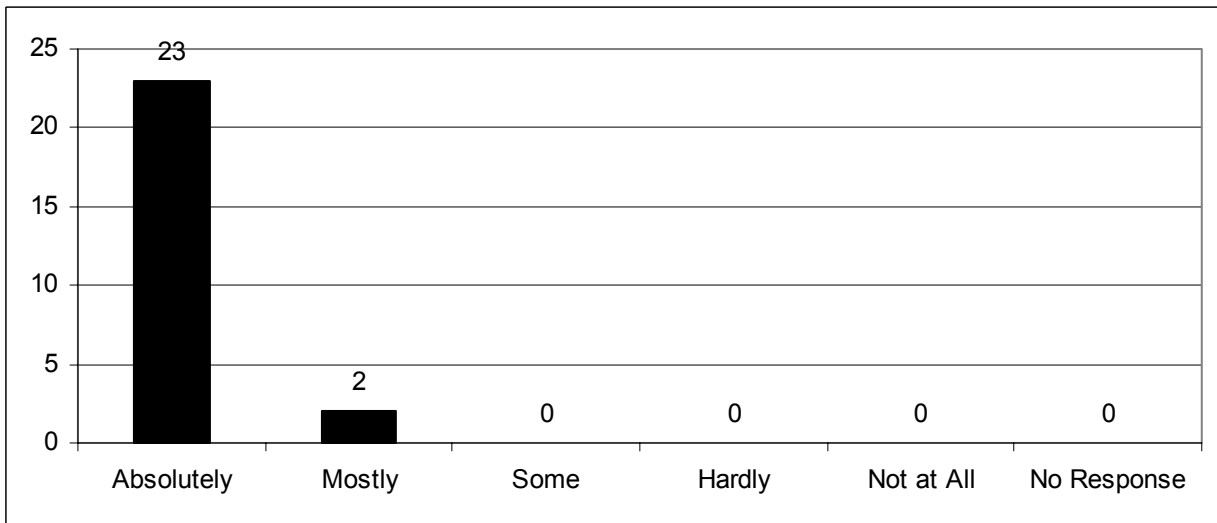
Attended: 25

Number of Evaluations: 25

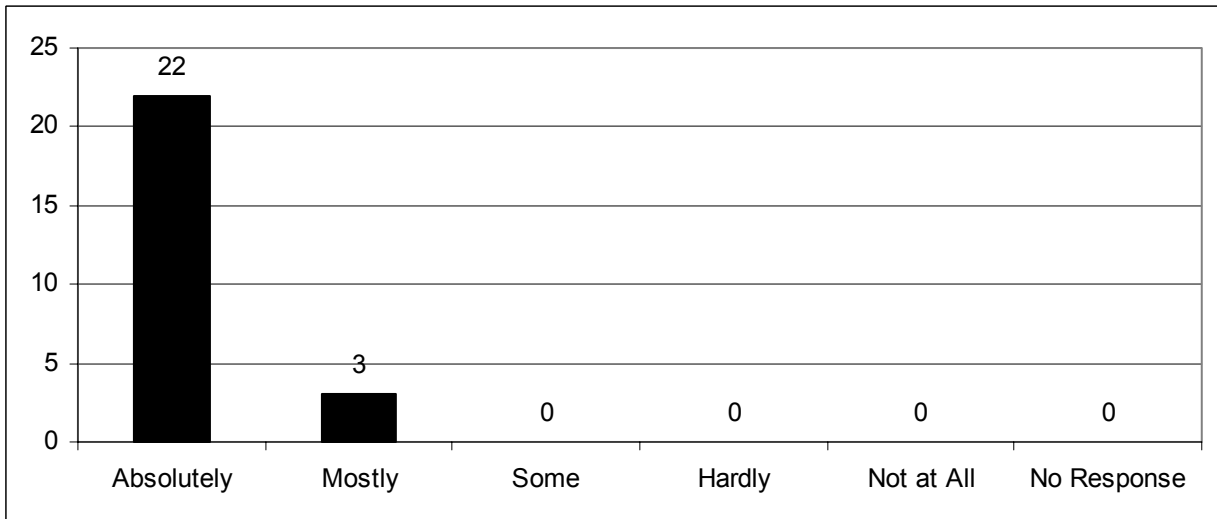
Summary of Individual Workshop Evaluations

Training Objectives:

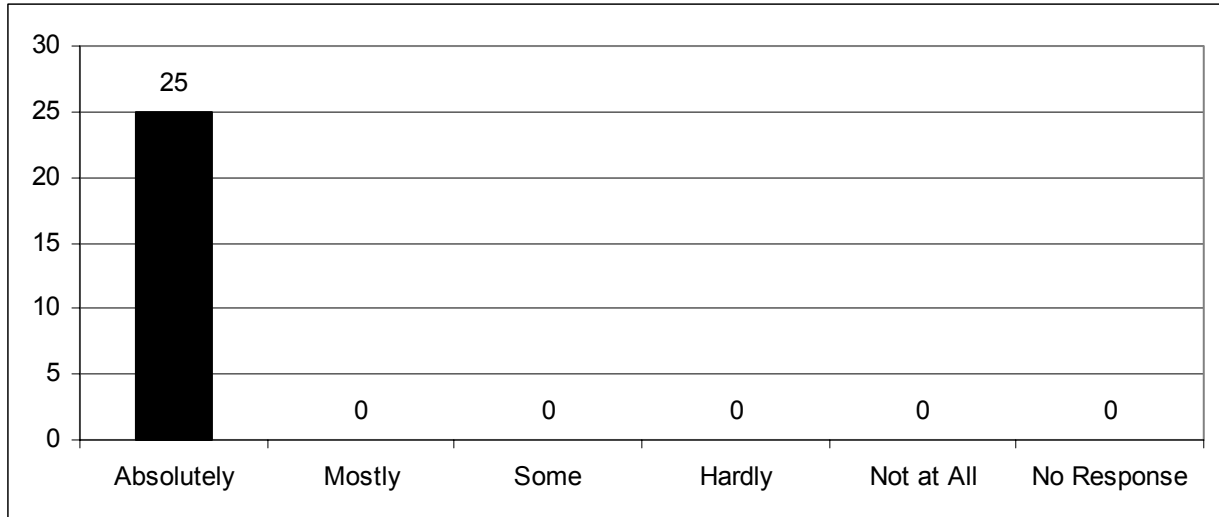
- 1. Develop an understanding of trauma and its impact on the development of behaviors.**



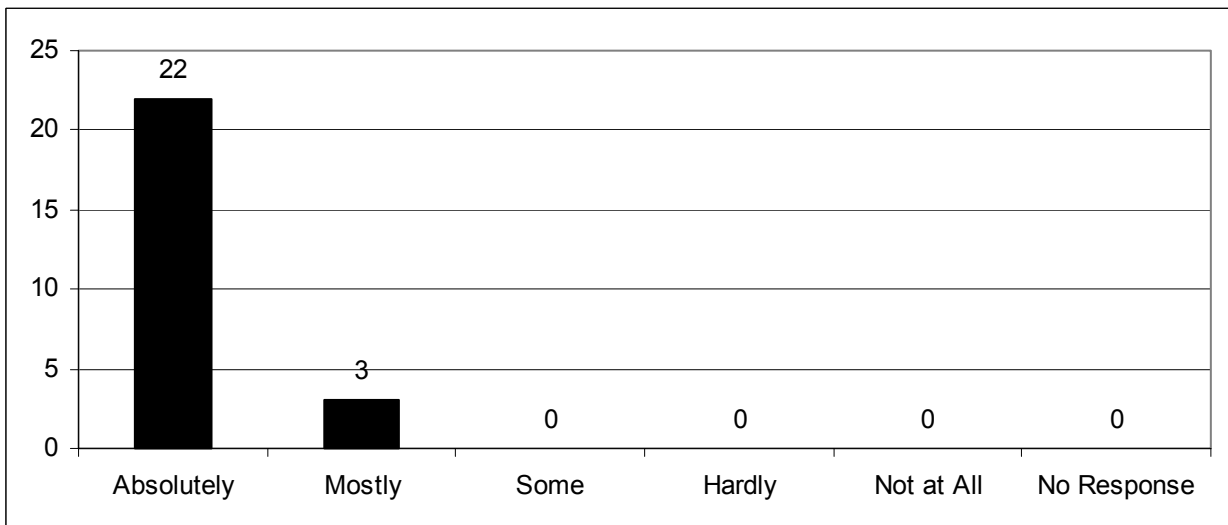
- 2. Develop an understanding of trauma memories (body memories).**



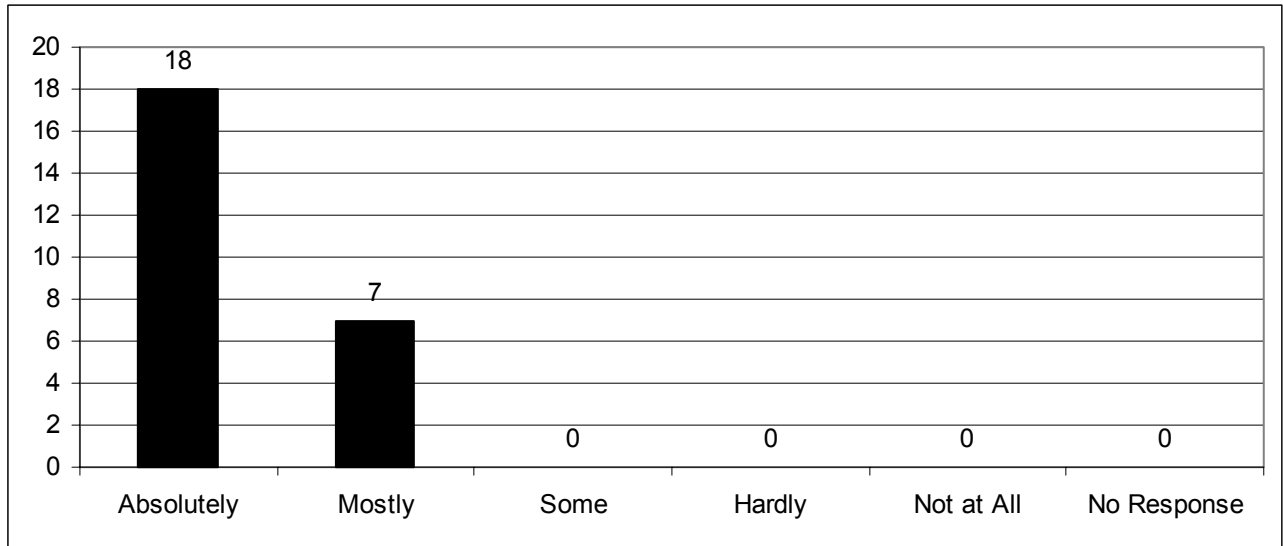
3. Show the use of expressive therapy tools to overcome defense mechanisms with hands on exercises.



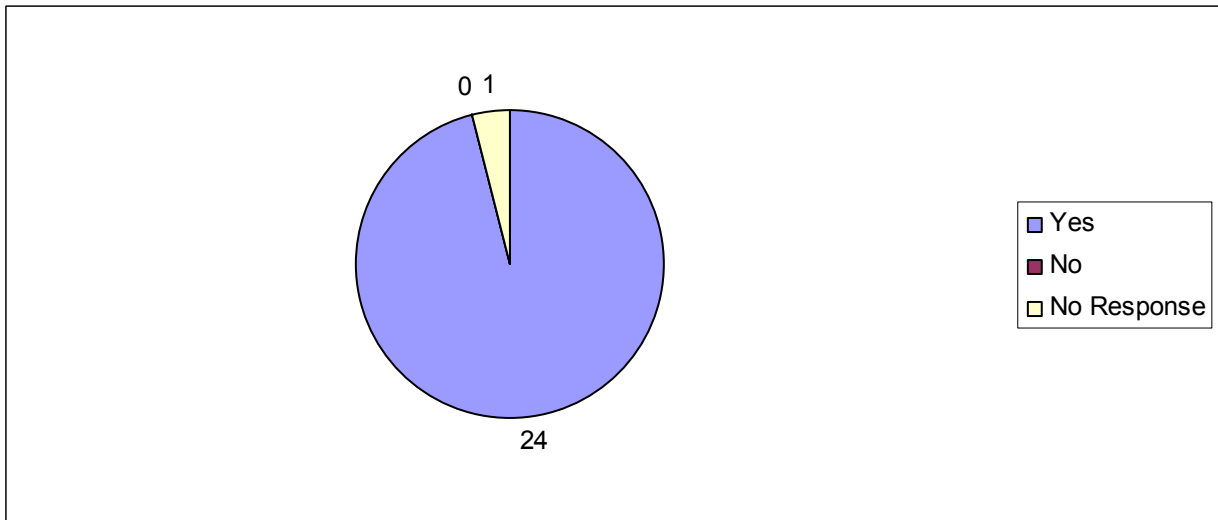
4. Teach the use of “feel” over “think” language to help the child engage feelings over thought.



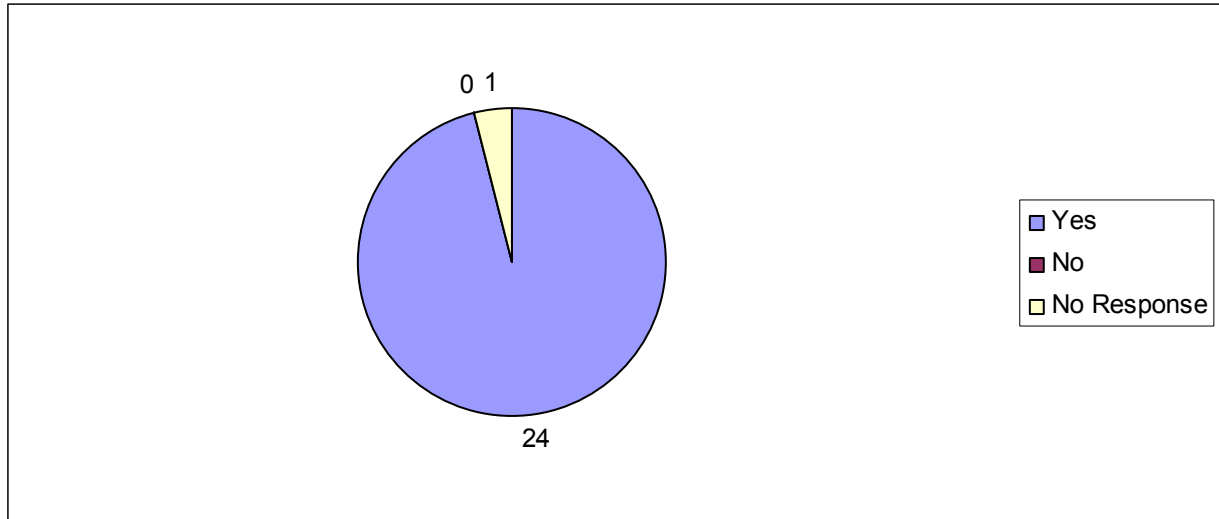
5. Develop a deeper sense of hope in the ability of the child to overcome the effects of trauma in their life.



Would you recommend this training to others?



Has this training resulted in you wanting to know more about this topic?



What were the best aspects of today's training?

- **Getting to get into the thoughts and ideas on how to improve your mind**
- **The learning tools**
- **Great**
- **Doing the activities**
- **Hands on**
- **The collage was great**
- **Hands on, experiential**
- **Hands on – just what I needed today!**
- **Getting to experience the art therapies myself**
- **Everything**
- **Multi media participatory fun. Personally meaningful**
- **New approach for helping kids – dictate themselves**
- **Learning to express feeling with children without talking**
- **Body response to traumas – all steps of training were important**
- **Play dough – learning through art**
- **Tools to use with kids**
- **A mix of information and hands on experience – thinking and feeling**
- **All of it – art**
- **Art therapy – expressing trauma through drawing – clay etc**
- **Lecture/ interact – shake up**
- **Good hands-on exercises**
- **Open a lot of doors**
- **Interaction, new information**
- **Tactile learning – enjoyed the experience**

What is the one action you intend to take as a result of this training?

- **To keep our family more expressive and open about our feelings**
- **Use tools**
- **Use these skills of art – getting child to express their feelings**
- **The activities**
- **Perfect activities for together time with children**
- **Use with my family**
- **Will use it with my clients**
- **Look for therapist to work with son, utilizing art therapy**
- **Using this with my kids**
- **Use as a coping tool**
- **Post my collage – do more**
- **Use to help own children**
- **Try to use objects to express feelings**
- **All**
- **Color your day**
- **Be more focused on feeling aspects of what kids are saying or showing through their behavior**
- **Play therapy**
- **Recommend art therapy for children of physical/sexual abuse**
- **Tools for work**
- **Try collaging**
- **Use it on a very angry teenager**
- **Use with kids I know**
- **Put toys in work space**

How could today's training have been improved?

- **More time!!!**
- **More time – this was an awesome session. Thank you.**
- **Couldn't say.**
- **Scissors and bigger paper for the collage.**
- **Longer**
- **More time**
- **More time**
- **Little more time**
- **None**
- **Longer**
- **Longer – 2 hours**
- **It was fine the way it was**
- **More time**

Other comments and/or suggestions?

- **Thank you – enjoyed this**
- **I loved it**
- **Thank you**
- **Need to think about the title. Maybe Fostering Traumatized Children or Tools when working with trauma**
- **Great**
- **Great job! Thank you!**
- **Present this training in other venues – FC conference**
- **Very good presentation – my favorite so far!**
- **Great job!**
- **Repeat at FC conference**