

**“Crisis Planning Workshop”**

**Mary Grealish**

**May 1, 2007**

**Attended: 26**

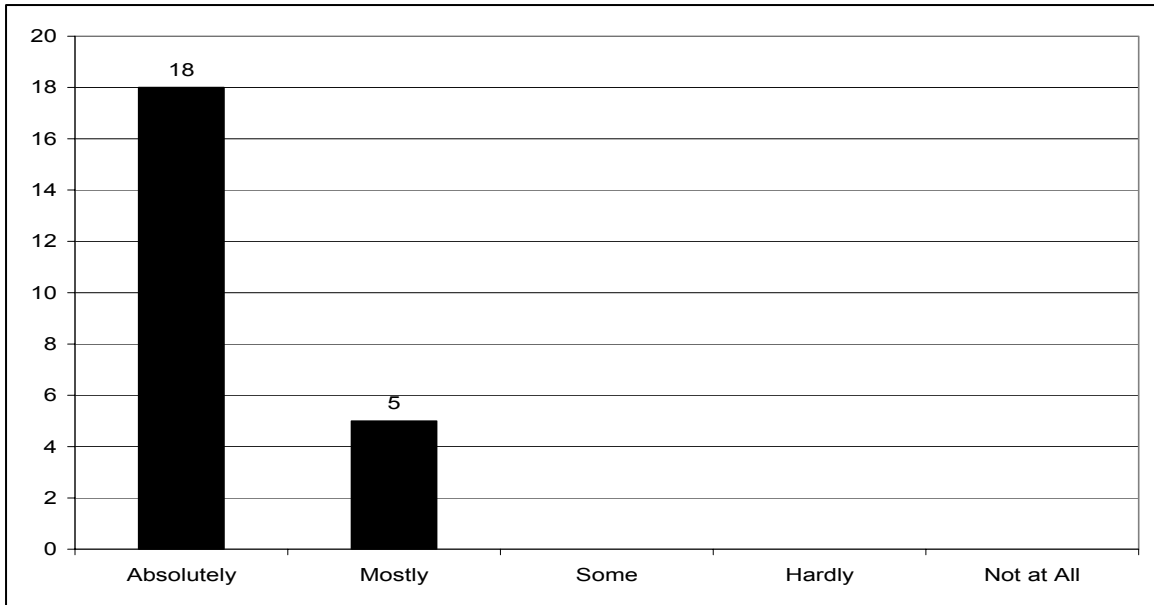
**Number of Evaluations: 23**

**Summary of Individual Workshop Evaluations**

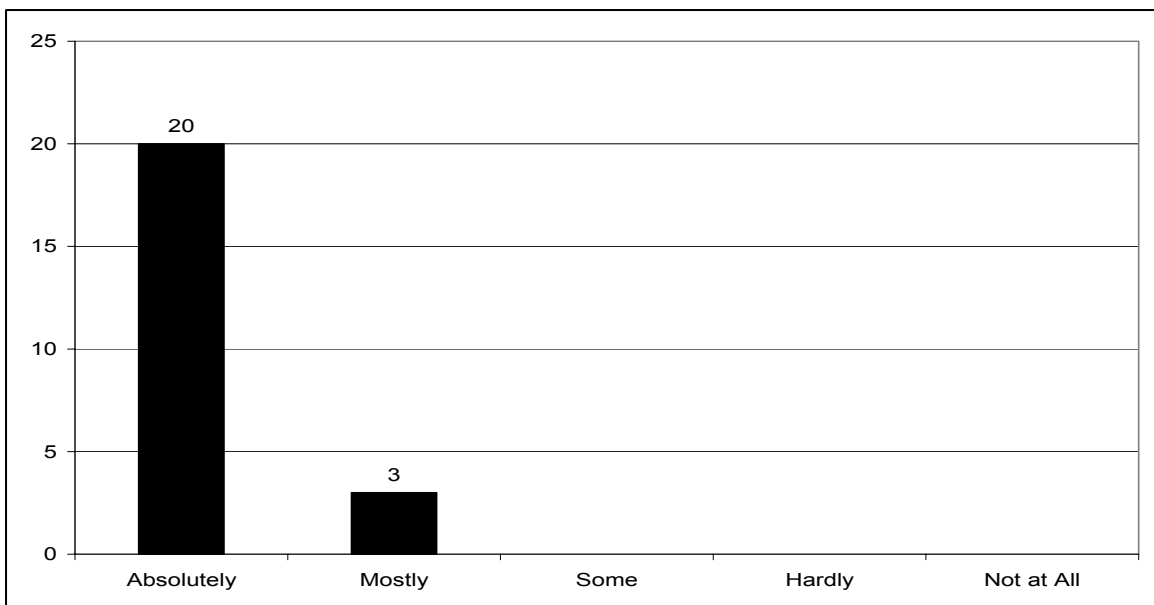
**Training Objectives:**

Participants will:

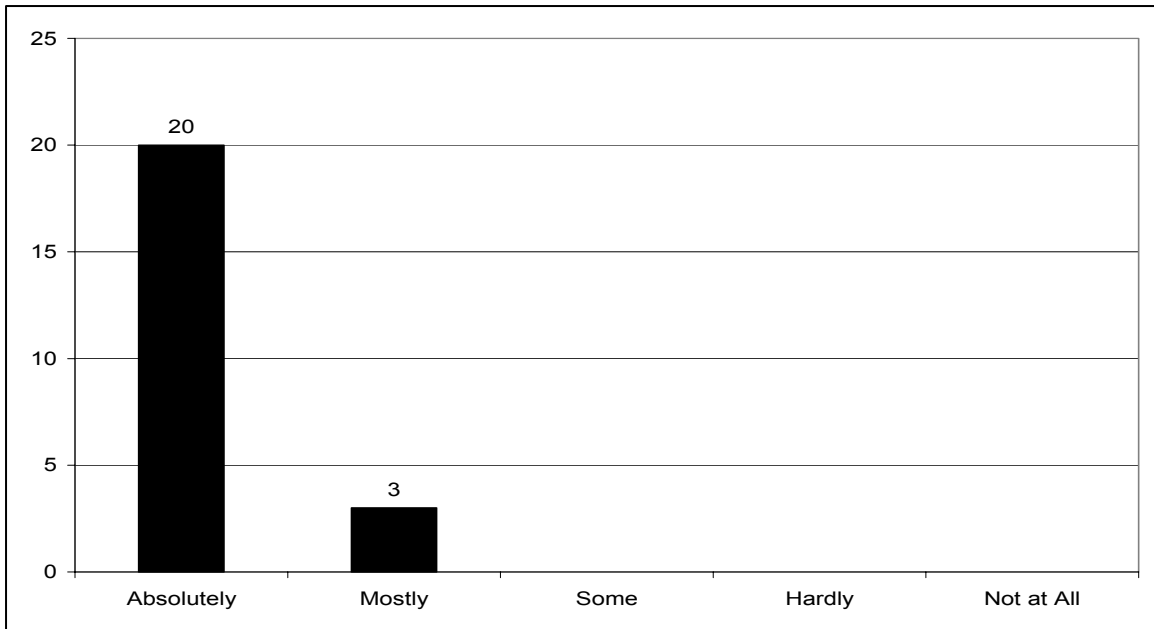
- 1. Define crisis specifically and describe how a crisis starts, continues and ends**



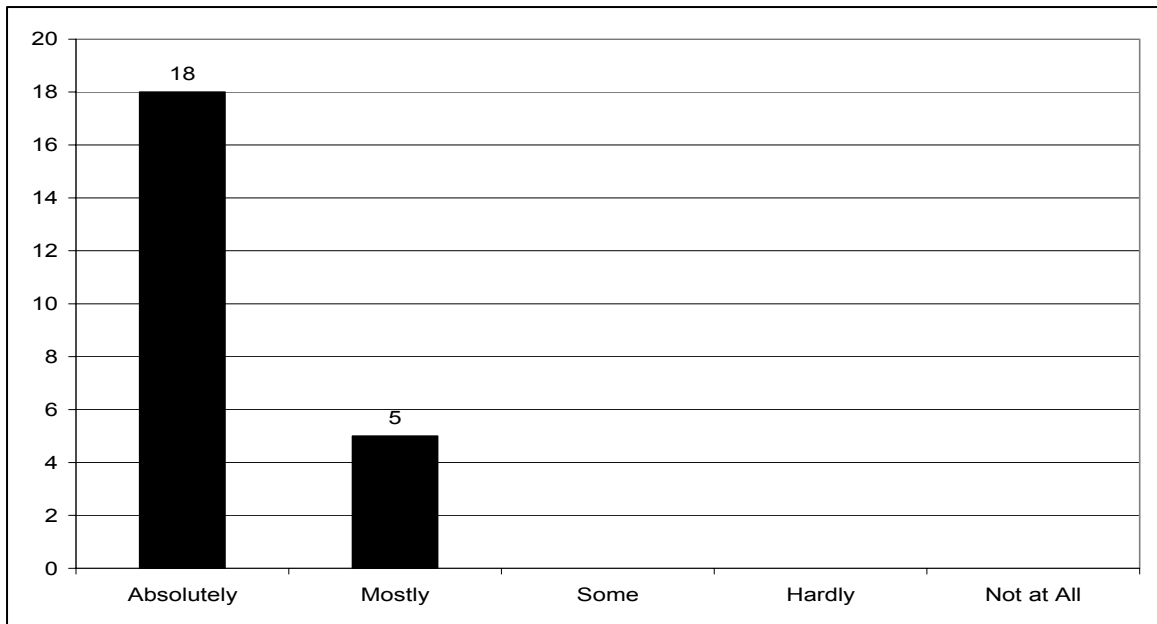
- 2. Describe the roles of perception, coping skills and responsive support in crisis theory**



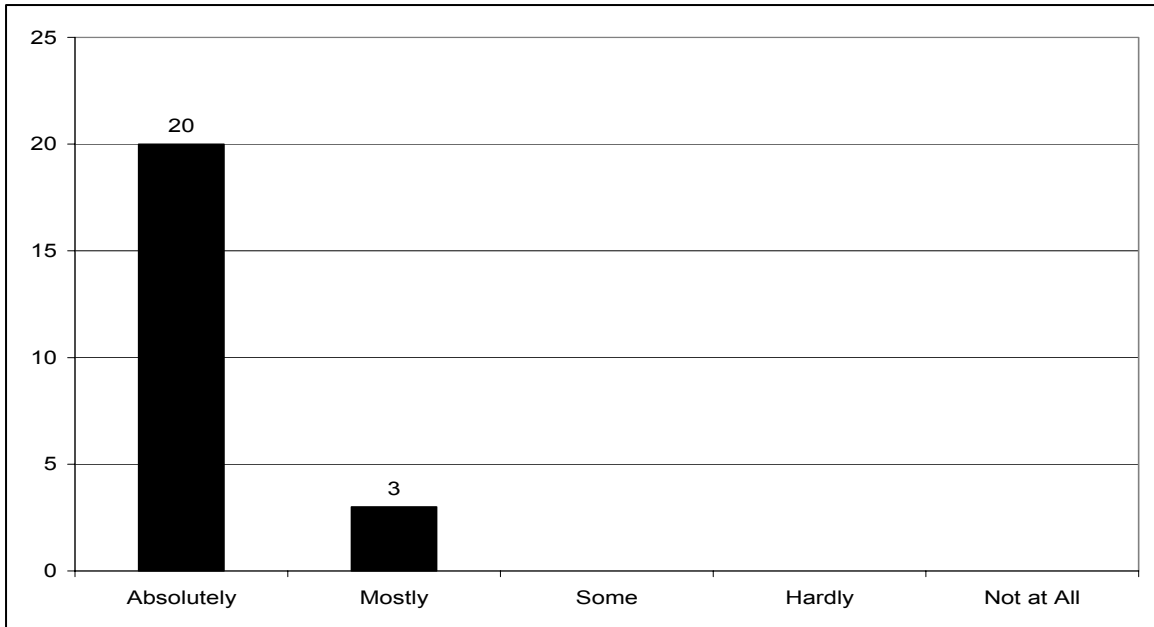
**3. Name at least five important things to remember when planning for crisis**



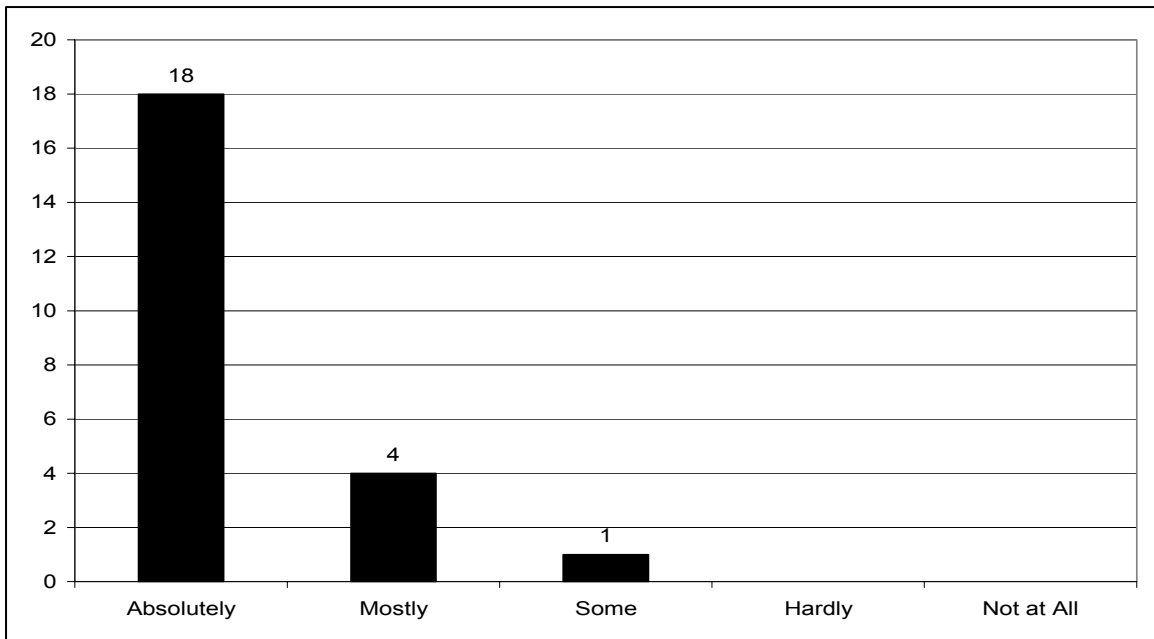
**4. Define reactive, proactive and transitional crisis planning**



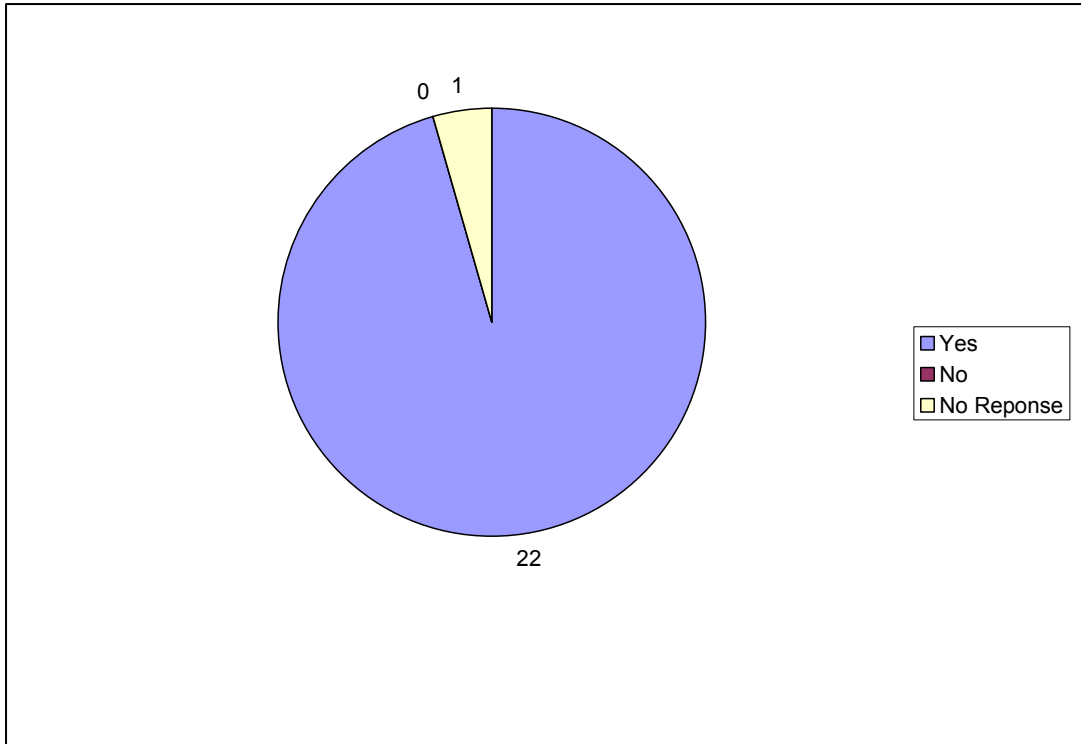
**5. State at least five potentially challenging transitions**



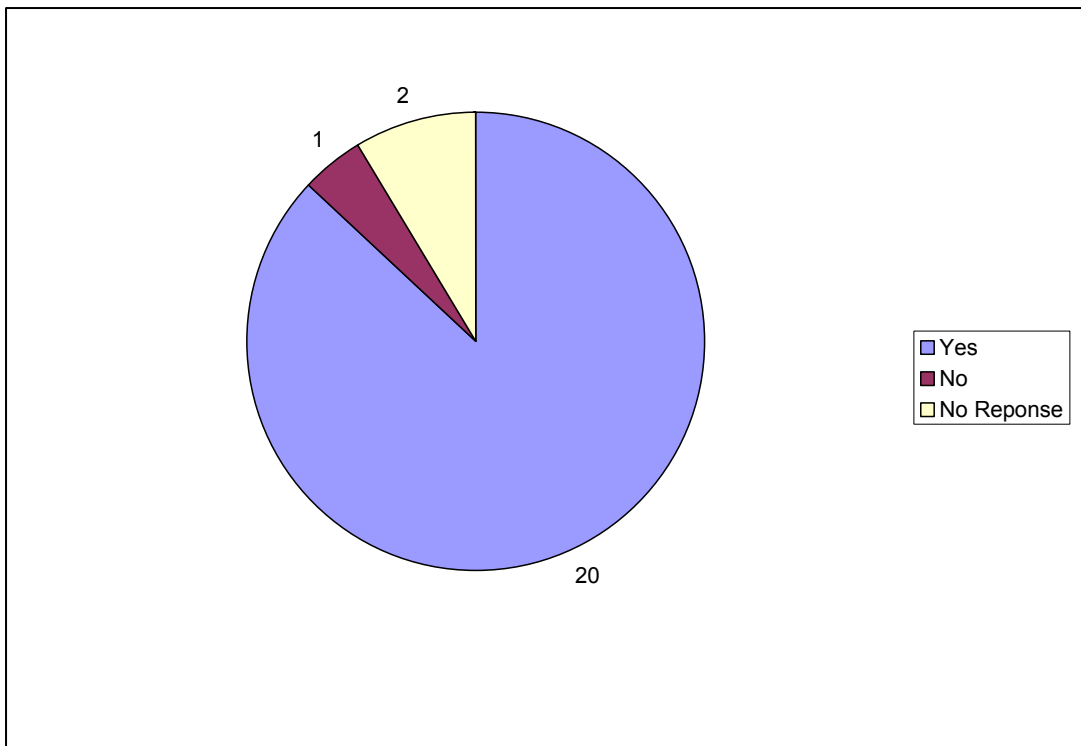
**6. Describe when safety planning is needed and describe at least eight steps in safety planning**



**Would you recommend this training to others?**



**Has this training resulted in you wanting to know more about this topic?**



### **What were the best aspects of today's training?**

- **Personal examples**
- **Important information-our awareness of which can make a big difference on how we plan proactively as well as reactively**
- **Her humor and stories from the field**
- **Stories**
- **Presenter was knowledgeable, engaging**
- **Very organized**
- **Mary**
- **She is very good at keeping everyone's attention**
- **It was all great**
- **Different examples**
- **Give ideas on what to do for a crisis and how to get plan before it happens**
- **Sharing perspective as a parent**
- **Solid, usable information**
- **Dynamic, interesting**
- **The use of personal stories to illustrate concepts**
- **Think simply and culturally involved**
- **Bright, funny person**
- **Well articulated**

### **What is the one action you intend to take as a result of this training?**

- **Share with my staff**
- **Promote the value of responsive networks of support for the families**
- **Make a crisis plan for my family!**
- **Be more careful; be more understanding of all people present**
- **Write more individualized crisis plans**
- **The safety plan**
- **Clear, simple planning**
- **I will utilize the steps for safety planning in my work**
- **Utilize crisis plans**
- **Use it to help with a crisis in the family**
- **Be more perceptive with my 32 year old who has bipolar**
- **A mindset to not try to tell a family that a situation they perceive as a crisis is not a crisis; stay objective/neutral**
- **Keep multicultural hat on when planning/intervening**

### **How could today's training have been improved?**

- **More interactive**
- **It was good**
- **More time**
- **Nothing**
- **Nothing needed**
- **NA-it was great**

- **More audience participation**

**Other comments and/or suggestions?**

- **Very good!**
- **Good training-not enough time**
- **Please provide more training for Idaho Region 7**
- **Very effective speaker**