

What is one action you intend to take as a result of this conference?

Collect Information and Literature

- ▶ Read some recommended books
- ▶ Learning more about some of the topics presented
- ▶ Buy more books
- ▶ I am going to ask PSR providers more questions
- ▶ Look up some of the references provided by presenters. Share information with peers.
- ▶ The tables set out with information was helpful and I brought this back to the office.
- ▶ Application of knowledge to improve my professional and personal life.
- ▶ Read more about some topics
- ▶ There are a few subjects that I am interested in learning more about.
- ▶ Learn more about additional conferences.
- ▶ Follow up on conduct disorder diagnoses
- ▶ Keep learning! Be more aware/active regarding legislative changes
- ▶ Further my knowledge in aspects of the individual workshops that I attended.
- ▶ Get more info on systems of care
- ▶ I have been obtaining more information regarding services for people with sensory impairments.
- ▶ To further my education regarding the information I obtain.
- ▶ Learn more about the illnesses
- ▶ I have taken a lot of information from this and I feeling it will really help me in my future work.
- ▶ Learn more about it and do it at home
- ▶ Explore and purchase play therapy equipment.

Contact Agencies

- ▶ Ira's advice on roll of residential care to have federation open one
- ▶ Take to Elmore County Round Table meeting as a summary, and use specific strength-based materials to support staff efforts in working with families.
- ▶ I will write to the Idaho Legislature about the importance of Children's Mental Health needs in Idaho.
- ▶ Learn more
- ▶ Initiate planning early on the CW conference
- ▶ Share ideas with local Children's Mental Health Council.
- ▶ Listening to the children and working harder to make sure they receive the help needed.
- ▶ Better integrate strength-based into my assessment process and include family strengths. Share the training I had with the 2 Local CMH Councils I belong to.
- ▶ Bring forward some of the information to CMH Council members who were unable to attend.
- ▶ Further education and awareness can always benefit self and building and assisting others awareness and insight.
- ▶ Work toward identifying stronger parent regional MH Council roles and responsibilities.
- ▶ Working closer with agency partners
- ▶ I want to help our local council to grow and become a collaborative network here in our community on behalf of children and families.

Change In Treatment

- ▶ Consider fathers more in treatment planning
- ▶ Integrate the family more into providing care for youth.
- ▶ Incorporate the information Dr. Simonsen presented into my assessments and treatment recommendations.
- ▶ Implement new techniques learned into current practice

Change In Treatment (continued)

- ▶ To bring back much information. To be braver in carrying the torch of passion for this work! Who cares if people think you're a little whacky? These kids are worth every ounce of energy, every moment of joy and every tear drop. So much of their lives, they've had no one who was passionate about them. If we don't find and keep that passion alive, cheering them on, who will?
- ▶ Use some of the information I learned to work better with my clients.
- ▶ As a professional, there are several techniques that I plan on using in my practice.

Community

- ▶ Continue to focus on community support and grass roots movements - most of these issues need to be funded at the state and federal level and executed in the communities.
- ▶ To be able to help my community understand MH issues and get rid of the stigma.
- ▶ I will integrate this into my own experience and hopefully be able to let others learn what I was able to. I am hoping a conference of this sort will be available in our area as well.
- ▶ Get help for a friend
- ▶ Be more active in the community to advocate for youth.
- ▶ Present to childcare providers
- ▶ Share information with others
- ▶ Get more involved. Approach our local and regional councils with some of the ideas and concerns.
- ▶ Share with peers and staff
- ▶ Recommend the conference and seek to integrate some of the concepts I learned into practice.
- ▶ Encourage more families to go next year.
- ▶ Get more involved.
- ▶ To continue in foster care. Hopefully better.
- ▶ A better understanding
- ▶ When we talked with a person and he told us that his best friend died on his 18th birthday.
- ▶ Find ways to get youth more involved. Join Federation of Families.

Parent

- ▶ Be a stronger parent through being patient and loving, be a better community member through partnership, and lovingly take care of myself.
- ▶ Home School my child and re-think his current system of care.
- ▶ My child's needs and wants (emotionally) should be my priority. Learned to listen.
- ▶ Share and spend more time with kids
- ▶ Want to have more family activities to talk out loud.
- ▶ I have been understanding my own and my children's behavior better.

Youth

- ▶ Look for opportunities to become more involved with youth
- ▶ In my personal life I have dedicated myself to notice more of the positive things my kids do.
- ▶ Dealing with youth in a more positive way.
- ▶ Involve youth in our local children's mental health council. Talk to teachers and educators about their needs for training and sharing this information.
- ▶ Listening to the children and working harder to make sure they receive the help needed.
- ▶ Use the information to support automated systems in Behavioral Health
- ▶ More simple interventions with children.
- ▶ I plan on continuing to fight the fight of educating others to help our youth and families.
- ▶ Learn more ways to further help children.
- ▶ Better understanding of youth will impact my ability to evaluate effectively
- ▶ Let my kids know just how special they are to me

Youth (continued)

- ▶ I am a youth leader and have gotten together several weeks worth of info from the conference to use in Sunday school lessons with the teens. I have already shared the info with many people in the community, and will share with the people in our Mental Health meeting next week.
- ▶ Apply for SSI for my children
- ▶ Spend more time with my daughter, listen to her wants and needs and learn through her,
- ▶ Be more aware of children and family matters and the effects of services to them.

Application of Information

- ▶ Apply concepts of positive discipline and the idea of using passion to inspire my students in the classroom and encourage my foster children.
- ▶ Utilize what was taught and apply ethics to my decisions.
- ▶ Incorporate the information into my work
- ▶ Incorporate it into my field of work
- ▶ Utilize the information I gained
- ▶ All of the Juvenile Justice and CMH information will be used daily with the families I work with.
- ▶ To work with my foster parents on the "foster trauma" tools.
- ▶ To increase knowledge of behaviors,
- ▶ I intend to use the information in my daily work. To help support families in Clark Co.
- ▶ I will definitely integrate some of the techniques and suggestions given during the sessions that I attended in my work with children and families.
- ▶ Become more involved in children's mental health. Perhaps look for a job in this area of social work.
- ▶ New funding resources available to share with clients, understanding mental health issues/ substance abuse issues to be able to help clients more effectively.
- ▶ I will utilize some of the techniques for behavior management and I will share them with my staff.
- ▶ Talk with teachers about negative reinforcements and working youth in ways to get them to talk.
- ▶ How to use other techniques when working with CMH clients
- ▶ I intend to implement more of the Patterson works into my practice.
- ▶ I have taken a lot of things from the conference and plan to apply that to my professional career.
- ▶ Do more training with foster parents on behavior modification and dealing with problem behaviors.
- ▶ Work more on crisis prevention and preparation
- ▶ Teach others that I work with what was taught, so they can incorporate it into their behavior management programs.
- ▶ I am applying what I learned to work and life.
- ▶ Apply some of what I learned to my work
- ▶ Expanding the techniques I use and always look for alternative strategies for each client.
- ▶ Let my kids know just how special they are to me
- ▶ Link with professional contacts made there.
- ▶ I have altered trainings I do to include new information.
- ▶ More to share
- ▶ I have started to employ some of the information in my daily practice.
- ▶ Share ideas and encouragement.
- ▶ I plan to utilize some positive discipline ideas presented in the "message behind the behavior" session.
- ▶ I am going to be more involved with Suicide Prevention. I am also going to use the tools I learned in my own home and with the children I work with.
- ▶ Recommend the conference and seek to integrate some of the concepts I learned into practice.
- ▶ Relay information to all I can.
- ▶ I will be taking information back home and sharing it.

Speakers & Workshops

- ▶ I am working on getting Michael Davis to come to our Region for a conference for the schools
- ▶ I intend to research the Better Today's, Better Tomorrow's program.
- ▶ To tell professionals not to attend the System's of Care Conference next year.
- ▶ Try to inquire if one of the speakers can come to our agency and provide a training to our staff. Check out some of the resources made available by the speakers.
- ▶ The fostering trauma was good but needed a different title.
- ▶ I got 10 minutes of the "Strength Based" workshop. It has quickened my mind to realize where I haven't stayed strength based and when I need to. I have a daughter with autism, so its very important to keep her and me focused on the strengths.
- ▶ The focusing trauma-lord knows I need it.

Topics

- ▶ Be more strength based.
- ▶ Follow thru with the positive discipline principles taught
- ▶ Better evaluate my practices around ethical issues.

Wraparound

- ▶ More simple interventions with children.
- ▶ I will try to involve more clients in wrap around services.
- ▶ Increase competency in wraparound process
- ▶ I will utilize the Wrap Around model in my work.
- ▶ Work more to integrate wrap around values into practice
- ▶ One action I intend to take as a result of this conference is to learn about wraparound services in my home state.
- ▶ Contact Wraparound Specialist
- ▶ Learn more about the wraparound process.
- ▶ Find out more about Wrap Around
- ▶ Creating more community awareness and involvement. Focusing on Family centered or wrap around services.
- ▶ Work to promote our program as it does seem to meet the concept of family involvement and wrap around principles.

Culturally Competent

- ▶ Continue to work on cultural competency
- ▶ Find more about objective #4
- ▶ Continue finding opportunities for training to be offered in other languages

Other

- ▶ Be more tactful in addressing crisis interventions.
- ▶ Working more on my strengths.
- ▶ Further conference attendance.
- ▶ Attend next year and encourage others to as well.
- ▶ No comments